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#### **Workshop Address:**

PO Box 36042 Wellington, Ottawa, ON, K1Y 4V3 **Phone:** 613-850-5486

Website: https://olmc.ca/

#### Facebook:

http://www.facebook.com/ OttawaLapsmithMineralClub

## President's Message

Our September Gem and Mineral show is now only a few weeks away. All volunteers should contact the show chair directly at <a href="mailto:showchair@olmc.ca">showchair@olmc.ca</a>. Club members who wish to volunteer or contribute their hand-crafted items at the Club Creations booth must contact <a href="mailto:vicki\_jasperse@rogers.com">vicki\_jasperse@rogers.com</a> no later than September 8.

Show planning is progressing. Everything is booked and ready to go for the weekend of Sept 16-17. **We still need lots of volunteers for all jobs.** Please contact Stephane Jette at <a href="mailto:showchair@olmc.ca">showchair@olmc.ca</a> if you can help out in any way.

There is a show advertising poster on the last page of this newsletter. Please feel free to print it and post it somewhere.

We have hundreds of 5x7 inch show postcards to distribute. If anyone would like a pile, please contact me (Ottawa) or Stephane (Gatineau). We can mail them to you if necessary.

The possibility of a new workshop before June 2024 is weak. Very few places are willing to rent to us and few want a client with an existing lease. Jean-Guy is seriously considering changing the club to an Ontario nonprofit corporation come May.

The long weekend field trip to Temagami and Cobalt has been cancelled. We will try again next year. In it's place Matthew and I will try to arrange a field trip to one of the Apatite-mica mines in the St.-Pierre-de-Wakefield area

We have a new treasurer Catherine Garrett at <a href="mailto:treasurer@olmc.ca">treasurer@olmc.ca</a>. Please do not send any further financial matters to Rita Hudec.

**Kerry Day** 

All members are invited to submit articles, proposals, and thoughts that could be included in the newsletters. Also, feel free to send your Classified ads by e-mail to: news@olmc.ca



#### **Mineral Interest Group**

At present, the Mineral Interest Group has no chairperson or leader. There are no more meetings scheduled. This small group met monthly to view presentations and casually chat. Perhaps you, dear reader, would be interested in taking this lead role. If so, please contact <a href="mailto:pres@olmc.ca">pres@olmc.ca</a>.

# Happy Field Trip to Quadville and Craigmont

On a lovely August 19, over a dozen people took part in a day trip to Quadville for breyl, quartz, feldspar, and other minerals. Then they continued on to Cragmont to search for bronze corundum.

### **OLMC Field Trips in Autumn**

Kerry Day and Matthew Poirier have a tentative field trip schedule for 2023. There is no information on any MIG plans. Feedback from club membership is valuable and appreciated. Are these good locales to visit? Are people interested in other sites? Who wants to go to these sites on these dates? Please send your feedback to <a href="mailto:pres@olmc.ca">pres@olmc.ca</a> or <a href="mailto:news@olmc.ca">news@olmc.ca</a>.

- Labour Day weekend Sept 02-04: Cancelled. The new owners could not be reached to get permission. A long trip to Temagami, Ontario for Banded Iron Formation and Cobalt, Ontario for Silver.
- Sept 30/Oct 01: Bancroft region. Tory Hill and other localities. We would stay overnight at a motel/cabin/campground as people see fit.
- October 21: Highway 50 road cuts for massive, fluorescent Scapolite. This would be a late afternoon/evening field trip for the Scapolite fluoresces yellow under LW UV.

# Call for Volunteers!

Please consider helping the club by volunteering for some aspect of the show. Having enough or, even better, a surplus of volunteers allows the show committee to hold demonstrations, support the vendors and academic partners, and provide a safe and welcoming environment for shoppers and hobbyists alike.

Contact showchair@olmc.ca. Just two hours of your time is all we ask.



The volunteer chart is updated when there is new information: <a href="http://olmc.ca/gs2023-volunteers.html">http://olmc.ca/gs2023-volunteers.html</a>. Especially, the Admissions tables need 22 people over the weekend. There is also a need for ushers.

Our Gem Show supplement includes photos and information about the various club booths. You can download it at <a href="http://www.olmc.ca/news/gemshow-supp.pdf">http://www.olmc.ca/news/gemshow-supp.pdf</a>



## Minerals Used by the Human Body

Medical professionals describe "minerals" as inorganic elements that are essential for normal human health and development. The four major elements found in most organic compounds are excluded: carbon, hydrogen, oxygen, and nitrogen. There are at least fifteen elements that are essential for human health, and nine more "potentially important" elements.

Maybe the "possible" essential elements were critical for a distant genetic ancestor, and the biological processes for handling these elements have been preserved even though the critical function is no longer used. Or maybe the body can efficiently handle these elements because they are chemically similar to other elements the body regularly uses.

Reference: Alberta Health, NIH, and many thanks to the Google search engine

#### **Essential Minerals**

Calcium: bone health, muscle contraction and relaxation, blood clotting, blood pressure Chlorine: digestion (stomach acid) Cobalt: part of vitamin B12 (essential vitamin) which helps the production of red blood cells

Copper: found in many enzymes, helps metabolize iron

Iodine: part of thyroid hormone, regulates growth, development, and metabolism

Iron: hemoglobin and myoglobin to transport oxygen

Magnesium: making protein; muscle contraction; nerve transmission; immune system health

Manganese: found in many enzymes

Molybdenum: found in many enzymes
Phosphorus: found in every cell; bone health,
helps maintain acid-base balance
Potassium: nerve transmission, muscle
contraction, fluid balance inside of cells
Selenium: used in selenoproteins
(antioxidant) to make DNA and protect
against cell damage and infections;
reproduction and the metabolism of thyroid
hormones

Sodium: nerve transmission, muscle contraction, fluid balance outside of cells Sulfur: used in protein molecules Zinc: used in many enzymes, and for making protein and genetic material; blood

#### **Possibly Essential Minerals**

Boron: maybe a wide range of uses (<u>NIH</u>) or maybe it is just in a lot of food we eat (<u>NIH</u>)

Bromine: maybe used to make collagen (<u>Vanderbilt University</u>) or maybe it is corrosive and replaces iodine and chlorine (<u>UK Health Security Agency</u>)

Chromium: used with insulin to regulate blood sugar, but no consensus on other benefits (Mount Sinai)

Lithium: mood stabilizer (helps release serotonin) but can have many bad side effects (Australia Health)

Fluorine: bone formation, but mainly used to prevent tooth cavities; too much can cause hair loss (NIH)

Nickel: may help with absorbing iron, glucose and adrenaline or maybe it is just found in plant food and micro-organisms (NIH)

Silicon: found in collagen; strengthens nails, hair, and skin; not enough data to declare it "essential" (NIH)

Strontium: similar to calcium but heavier and not as good (<u>American Bone Health</u>)

Vanadium: maybe works with insulin (enhances or inhibits enzymes), but still not considered essential (<u>Academy of Nutrition</u> and <u>Dietetics</u>)

coagulation; taste perception



### A Visit to an Historic Stone Quarry

By Bill Hendrick

I came across this website which documents a quarry which supplied some of the stone for rebuilding of the Parliamentary Buildings after they were destroyed by fire in 1916.

The Deserted Stone Quarry Of Canada's Parliament Buildings | OTTAWA REWIND

I decided to try and find this quarry for myself. I found the bike path the website author talks about. I entered the bike path off of Timm road, and followed it north to where it approaches the 417. I started to see piles of rocks in the surrounding woods.

At the point where this path starts to turn east, there is another path that heads west. Taking this path, it soon turns south to run parallel with the original path. This is where the author took many of his photos as I recognized many of the places.



Rock face in power line clearing; Photo by Bill Hendrick

I found an old bottle here. This path seems to follow the rock face where the rock was cut. Possibly back in the day these two paths were used by the quarry workers. Eventually I came to a clearing where power lines ran through. Here the rock face was about 5 feet high in places. Just south of the clearing the rock face jumps to the west side of the path. There are many rock piles in this area. The area has quite few mosquitoes.

Recommendations to anyone wishing to visit the quarry:

- 1. Enter the path from Timm Road
- 2. Follow the path north 600-700m until you come to a clearing with power lines running through it
- Take a small path on your immediately left for approximately 100m which will link up with the other path.
- At this location you are on top of the rock face and can climb down to see the rock face
- If you go south you will be able to see the rock face on the west side



Rock face off of path just south of power line clearing; Photo by Bill Hendrick



The author mentions all the building rock came from this quarry, but it is hard to picture exactly where from this quarry this rock came from. The rock face is pretty long, but I think they might have been much higher and the rock has been quarried.



Rock face off of path just south of power line clearing; Photo by Bill Hendrick



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### Saw Like an Expert

From the Silversmiths Meeting 2022-02-16

#### **Regarding Blades**

One side is smooth, one side has teeth. Teeth have a flat bottom and are angled up. It is important to put the teeth in the correct direction. Run your fingernail along the blade. If your finger goes smoothly down the blade, that is the wrong direction. If your finger catches, then that is the side that goes down, to cut in the downward direction. When you put it in your saw, that part goes on the down side.

There must be tension in the blade. There is a nut on the top side of the saw frame. Push that nut against a surface, pushing the arms of the saw slightly closer together, and then tighten the screw that holds the blade in place. If you flick the blade with your finger tip, it should make a ping noise. It is not tight enough if you hear a dull thump noise.

Re-check that the saw teeth are going the right way.

#### Get Ready to Cut

When getting ready to saw metal, use a marker or pen to draw the cutting line on the piece. It is very hard to cut a straight line just by eye.

Coat the saw blade side lightly in beeswax or "burlife". It will help the blade to run smoothly, and prevent catching. Do not run the blade teeth in the coating.

#### Slow and With Purpose

Place the piece on the wooden bench pin with a "V" cut in it, and hold it firmly with your fingers or a clamp. Slowly draw the saw blade down a few times to start the cut, and create a small channel that will help prevent the blade from bouncing around.



Hold the saw loosely in your hand. A tight grip will hinder cutting in a straight line. Use your arm to move the saw in long smooth motions. Do not use the wrist. Use the whole length of the blade, so that it wears evenly.

#### Steady and Patient

Inevitably, the blade will get stuck at some point. Do not force it through the cut. Instead, push it back up a slightly until the teeth release, and then continue.

Try to keep the saw vertical. It is okay if it tilts forward a bit, but it should not tilt to the right or left.

Ease off a bit as you get to the end. One recommendation for a clean end is to move the piece so the last part is supported by the bench pin, and saw into the wood.





If your sawing gets interrupted, leave the saw and the piece on the bench pin, or undo the blade from the saw frame. Do not try to back the blade out of the piece.

You can also cut curves with the saw, though it is trickier. Start the same as with a straight line, using a few slow cuts to create a channel. Rotate the piece as you cut along the line. Do not force the blade. Be patient.

And practice, practice, practice.

#### **Tremolite**

Tremolite is a silicate mineral of the amphibole group (Ca2(Mg5.0-4.5Fe2+0.0-0.5)Si8O22(OH)2). It has a hardness on Mohs scale of 5 to 6.

It forms through metamorphism of sediments with high dolomite and quartz content. At very high temperatures, tremolite will change into diopside.

Pure magnesium tremolite is white, but increasing iron content results in more dark green colour. Nephrite is a green variety of tremolite.

The fibrous form of tremolite is one of the six recognised types of asbestos. Sometimes it is found contaminating specimens of vermiculite, chrysotile, and talc

Johann Georg Albrecht Höpfner named this mineral in 1789, after the Tremola Valley in Switzerland, but later investigations proved the real location was Campolungo.



SilviaFindings has been a manufacturer of sterling silver and gold settings since 2004. We have a large variety of settings in various designs, shapes, and sizes for earrings, pendants, rings, and bracelets.

After you buy a gemstone, you may want to have your stone set to create a unique piece of jewellery. We have the expertise to provide suggestions on which setting is the right setting for your stone.

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SilviaFindings fabrique des montures en argent sterling et en or depuis 2004. Nous disposons d'une grande variété de montures de différents modèles, formes et tailles pour boucles d'oreilles, pendentifs, bagues et bracelets.

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# Ontario Mineral Collecting Policy politique de collecte des minéraux de l'Ontario

The new Ontario Mineral Collecting Policy has been posted. It's not 100% what both the CCFMS and, you, our CCFMS-affiliated clubs have asked for – but it's close. The link to download the new policy is <a href="https://ero.ontario.ca/notice/019-6692#decision-details">https://ero.ontario.ca/notice/019-6692#decision-details</a>.

There were 60 comments received from individuals and clubs. They are worth reading. (https://ero.ontario.ca/notice/019-6692/comments).

We will be looking at the new policy more in-depth – hopefully, with plans to see if we can get the 100% asked for. For our Québec and Manitoba clubs, do your provinces also have a collecting policy for rockhounders?

Ashley Pollock, President CCFMS

CCFMS general email executive of CCFMS@gmail.com, phone 905-687-6503

CCFMS Central Canadian Federation of Mineralogical Societies

### Special costume jewellery and findings sale

Earlier this summer the club received a large donation from the estate of Doug Benson. He and his wife were running a small costume jewellery business. They both passed away, and the OLMC inherited their inventory of 25 shopping bags of costume jewellery and/or findings. These lots are available to club members at \$100/lot, first come, first serve. Leftover lots will be offered to our dealers at the show. The metal ruler is 12 inches long. Sorry, no closeup photos are available. All lots are available for viewing at 101 Promenade, Nepean, by appointment. Contact Kerry Day at pres@olmc.ca.

See photos of all 25 lots at: https://olmc.ca/benson-estate.html.



Benson Estate Lot 1



Benson Estate Lot 2



Benson Estate Lot 3



Benson Estate Lot 4



Benson Estate Lot 5



Benson Estate Lot 6









Benson Estate Lot 7

Benson Estate Lot 8

Benson Estate Lot 9

#### The Black Star of Queensland

This star sapphire that became known as the Black Star of Queensland was found on hill in Queensland, Australia, in 1938, by 12-year-old Roy Spencer, who brought it home to his family's shack. His father Harry, a miner, considered this half-pound black stone as an unremarkable crystal, so it was used as a doorstop for almost a decade.

Then the brothers Kazanjian, jewellers from Los Angeles (who still have a shop in Beverly Hills), visited the area as part of the world travels to source gemstones for their business. They visited the Spencers and showed an interest in some of the local small black stones that they sensed were star sapphires. That's when the Spencers brought forth the doorstop for appraisal. Harry Spencer sold the stone to Harry Kazanjian for \$18,000 (about \$246,746 today). Kazanjian spent two months studying the 1,156-carat, fist-sized sapphire with copper inclusions, then cut and polished it into a 733 carat black cabochon with a six-pointed star.

The finished stone was valued at \$1 million (almost \$14 million today), but the Kazanjians declared it would not be sold.

Instead, the gemstone went on tour. The Smithsonian Institution's National Museum of Natural History borrowed it in 1969. In 1971, Cher wore it as a pendant for some brief televised fame. But since then, the sapphire has been displayed only rarely. It continued to be loaned to museums and the oc\_casional Hollywood celebrity.

In 2002, former model and self-proclaimed artist Jack Armstrong, who had become enamoured with the Black Star since childhood when he saw it at the Smithsonian, was invited to tour the Kazanjian jewelery store, where he saw the stone of his desire. He convinced the Kazanjians



Black Star of Queensland Star Sapphire; Photo by greyloch, Wikimedia Commons.

to sell it for the purpose of funding a scholarship at the Gemological Institute of America, and they settled on a price of \$50 million. Armstrong's wealthy widowed girlfriend Gabrielle Grohe paid the \$50 million price.

Five years later, that relationship went bad, and a legal fight began over ownership. At the time, the Black Star was on loan to the Royal Ontario Museum. After some shenanigans including a last-minute failed cheque scam by Armstrong to buy out Grohe, Grohe was declared the legal owner. The stone remains in private hands.



#### **Contact:**

President Kerry Day pres@olmc.ca

Vice-President
Matthew Poirier
vicepres@olmc.ca

Secretary Bob Boisvert sec@olmc.ca

Treasurer Catherine Garrett treasurer@olmc.ca

Workshop Chair Jean-Guy Bradette workshop@olmc.ca

Membership Chair Nathalie Bourget memberchair@olmc.ca

Show Chair Stéphane Jetté showchair@olmc.ca

Newsletter Editor Eric Clara news@olmc.ca

Auction Team auctions@olmc.ca

### Scarborough Gem and Mineral Show

Sept 23 10:00 - 18:00

Sept 24 11:00 - 17:00

Don Montgomery Community Centre, 2467 Eglinton Ave. E

https://www.scarbgemclub.ca/catego ry/wonders-of-the-earth

### Ancaster Gem, Mineral, Bead & Jewellery Show

Sept. 30 - Oct. 1 10:00 - 17:00

Ancaster Fairgrounds, 630 Trinity Road, Ancaster, ON

https://ancastergemshow.com

The Niagara Peninsula Geological Society (NPGS, https://npgsclub.ca/) hosts many events and field trips that are open to CCFMS members, which includes the Ottawa Lapsmith and Mineral Club.

## **Workshop Schedule**

September 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Silversmith Meeting 7:00 p.m	6	7	8	9
10	11	12	13	14	15 Gem Show Setup	16 OLMC Gem Show
17 OLMC Gem Show	18	19 Silversmith Meeting 7:00 p.m	20	21	22	23
24	25	26	27	28	29	30



## **OLMC Membership Application**

□New Membership		☐ Membership Renewal					
□ Individual \$20							
$\Box$ Family (2+ persons in the same residence) \$30							
Benefits:  ⊠Monthly Newsletter							
□ Newsletter advertisement: \$25 per year for members or \$55 for businesses							
(Ten quarter pages per year over ten newsletters).  ⊠Silversmith online meeting 2/month							
⊠Mineral Interest Group online monthly meeting							
⊠OLMC online auctions							
SOLMC field trips  More information can be found at http://www.clmc.co.							
More information can be found at <a href="http://www.olmc.ca">http://www.olmc.ca</a> You can also go on our Facebook page: <a href="https://otenstandmineralclub">OttawaLapsmithandmineralclub</a>							
Names(s):							
Address:							
City:	Province:						
Postal Code: _		Telephone:					
Please specify your e-mail address to receive OLMC's newsletter:							
		Do you require a receipt? □					
Yes		7					
Payments are payable by <b>cash</b> , <b>cheque</b> to Ottawa Lapsmith and Mineral Club, or <b>E Transfer</b> at treasurer@olmc.ca							
Please mail your membership form and fees to:							
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	Please note that all membership information is used only for administrative purposes.						
1 tease note that all membership information is used only for daministrative purposes.							
Administration use only							
Card pro	ovided: □Yes □No	Supervisor signed: □Yes □No					
Date:							

# 55<sup>th</sup> Annual Ottawa Gem, Mineral & Jewellery Show & Sale 55<sup>e</sup> Salon annuel d'Ottawa des pierres, des minéraux et des bijoux

## Sept. 16 10:00-18:00 Sept. 17 10:00-17:00



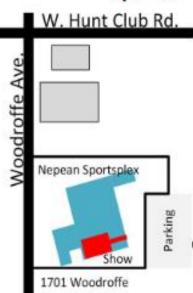
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demonstrations
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children under 12: free

Entrée/Entrance

\$8





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